

Things to Do for Children & Young People with SEND in Shropshire

There are lots of fun and inclusive activities in Shropshire designed for children and young people with special educational needs and disabilities (SEND).

Sports & Outdoor Activities

Accessible Playgrounds – Many parks in Shropshire have inclusive play equipment. Check out The Quarry Park in Shrewsbury and Severn Valley Country Park.

Swimming – Disability-friendly swimming sessions are available at Shrewsbury, Oswestry, and Telford leisure centres. Some pools have hoists and sensory friendly swim times.

Adaptive Sports – Join in wheelchair basketball, boccia, and football at clubs like Shrewsbury Sports Village and Telford Tigers.

Horse Riding – The Cavalier Centre in Much Wenlock offers Riding for the Disabled sessions.

Creative & Social Activities

Art & Craft Groups – Get creative at Qube Arts Oswestry or Participate Contemporary Artspace in Shrewsbury.

Theatre & Drama – Loudmouth Theatre Company and Pentabus Theatre run inclusive workshops.

Music & Dance – Join music groups like Shropshire Inclusive Dance or The Hive in Shrewsbury for fun sessions.

Phone 01743 280019

Email iass@cabshropshire.org.uk

SEND Youth Clubs – Meet new friends at inclusive youth clubs like [SYA All about Youth](#) or Ignition Create.

Sensory-Friendly Fun

Autism-Friendly Cinema – Special screenings at Cineworld (Shrewsbury) and Odeon (Telford) with lower sound and dimmed lights.

Sensory Gardens – Relax at Shropshire Hills Discovery Centre or Dingle Gardens in Shrewsbury.

Bowling & Soft Play – AMF Bowling in Shrewsbury, Jump in in Shrewsbury, Jungleland Telford offer quieter sessions.

How to Find Out More?

Many activities require booking, so check with the venue in advance. For more information:

Shropshire SEND Local Offer – Visit www.shropshirelocaloffer.info

Follow us on social media for updates on local SEND-friendly events!