



# GENERAL HEALTH SERVICES

## GENERAL PRACTITIONERS (GPS)

Your GP is your first point of contact for health concerns. They can provide medical advice, treatments, and referrals to specialists if needed.

## DENTISTS

Regular dental check-ups are important. You can find local NHS dentists through the Shropshire

## HOSPITALS

For more serious health issues or emergencies, hospitals in Shropshire offer various services.



For a comprehensive list of these services, visit the Shropshire Council's health services page. [shropshire.gov.uk](http://shropshire.gov.uk)



More information is available on the Shropshire Council's SEND Local Offer page. [next.shropshire.gov.uk](http://next.shropshire.gov.uk)

## MENTAL HEALTH SUPPORT

BeeU Service

Provides emotional well-being and mental health services for individuals aged 0 to 25 in Shropshire. They offer support for various mental health concerns and neurodevelopmental assessments.

Learn more about BeeU's services on their website. [camhs.mpft.nhs.uk](http://camhs.mpft.nhs.uk)

## TIPS FOR EFFECTIVE MEDICAL CARE

### ● Regular Check-ups

Schedule routine visits to your doctor.

### ● Healthy Lifestyle

Maintain a balanced diet and exercise regularly.

